Minnesota State College Southeast

NURS 1460: Health Assessment

A. COURSE DESCRIPTION

Credits: 1
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*

Prerequisites:
This course requires either of these prerequisites
   BIOL 2515 - Anatomy & Physiology I
   BIOL 1200 - Human Biology

Corequisites: None

MnTC Goals: None

This course will provide the student the framework for preparing students to perform a holistic comprehensive health assessment on clients across the lifespan. Emphasis is placed on taking a thorough nursing history, performing physiological, developmental, psychological, sociological, cultural, and spiritual assessments, as well as identifying stressors and health risks. Students are provided the opportunity to document subjective findings from the health history as well as objective assessment findings. Laboratory experiences provide an opportunity to practice assessment skills. Prerequisites: BIOL1200 OR BIOL2515 (1 credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 03/26/2020 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Interviewing, Health History, Review of Systems
2. Documentation
3. Psychosocial, Cultural, and Spiritual Assessment
4. Health Risk Assessment
5. Physical Assessment Skills

D. LEARNING OUTCOMES (General)

1. Perform comprehensive and focused assessments that include the physical, developmental, psychological, sociological, cultural, and spiritual aspects of patients. (EPSLO 1, 8)
2. Interpret assessment data to determine patient safety and health risks, as well as personal and environmental stressors (EPSLO 1, 5)
3. Utilize appropriate verbal, written, and electronic communication skills during the health history, patient assessment, and documentation of data. (EPSLO 1, 2, 3, 4)
4. Demonstrate professional accountability and maintain confidentiality while performing physical assessment. (EPSLO 6, 7)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus
G. SPECIAL INFORMATION

None noted