

Minnesota State College Southeast

FYEX 1000: College Success Strategies

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Strategies for success in college and career for lifelong learning, including using learning styles, managing motivation and stress, developing personal, career and financial goals and plans, improving time management and prioritization, applying study, test-taking and critical thinking skills, and exploring college policies, resources, and technologies. (Prerequisite: None) (1 credit: 1 lecture/0 lab)

B. COURSE EFFECTIVE DATES: 05/16/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Personal Responsibilities
2. Personal Finances
3. Academic Strategies
4. Educational Planning

D. LEARNING OUTCOMES (General)

1. Utilize self-analysis (learning styles, personality types, and strengths/weaknesses)
2. Develop active listening strategies
3. Increase concentration and memorization
4. Apply active learner techniques and test taking skills
5. Explore support services to include LRC, tutoring, disability services, student services, student life
6. Apply critical thinking and problem solving skills
7. Improve time management, combat procrastination, and develop a daily schedule
8. Manage stress and test taking anxiety
9. Improve physical and mental wellness
10. Apply goal setting, academic priorities and explore motivation
11. Develop transferability of skills including to post-secondary learning
12. Practice personal responsibility, self-advocacy, and self-discipline
13. Explore community resource to include daycare, emergency funds, health services, food shelf
14. Identify and cultivate appropriate academic and personal relationships
15. Understand Academic Integrity
16. Create a college and personal finance plan

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted