Minnesota State College Southeast

NUHA 2200: Community Nutrition

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 3
Lab Hours/Week: 2
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

Community Nutrition introduces the students to the application of nutrition principles in a community setting. It illustrates the role of the nutrition provider in minimizing community health disparities in rural and urban areas and individuals throughout the life cycle with education and coaching while focusing on local, state, federal agencies that support nutritional services. This course confirms the roles and responsibilities of an associate degree nutrition professional servicing community. (Prerequisites: NUHA2100 and NUHA1200) (4 credits: 3 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 05/22/2018 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Compare and contrast select community nutrition programs in relation to age of client served, requirements for participation, mission, funding and provided services
2. Discuss the role of the nutrition technician in addressing community health disparities
3. Identify and discuss local agencies that support nutritional services
4. Compare and contrast the roles and responsibilities of an associate degree technician and a Registered Dietitian Nutritionist
5. Discuss the role of the Nutrition Technician in minimizing health disparities in rural vs. urban families
6. Discuss the role of the Nutrition Technician in minimizing health disparities in children and the elderly

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted