Minnesota State College Southeast

COSM 1105: Nail Technology I

A. COURSE DESCRIPTION

Credits: 1
Lecture Hours/Week: *.*
Lab Hours/Week: 2
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course provides an introduction to nail care including manicuring (basic, spa and oil), pedicuring (basic and spa), hand and arm massage, foot and leg massage, nail structure, nail diseases and disorders, safety procedures, and decontamination. (Prerequisite: None) (1 credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 04/04/2017 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Theory of natural nail structure, nail disorders and diseases, and natural nail services
2. Understand manicuring tools and uses
3. Practice natural nail service procedures
4. Decision making
5. Time management
6. Product selection and use
7. Safety and decontamination regulations
D. LEARNING OUTCOMES (General)
   1. Identify nail plate
   2. Identify nail free edge
   3. Identify nail root
   4. List parts of the nail
   5. Identify cuticle
   6. Identify perionychium
   7. Identify hyponychium
   8. Identify nail groove
   9. Identify eponychium
  10. Identify nail wall
  11. Identify nail matrix
  12. Identify nail mantle
  13. Identify nail bed
  14. Identify nail lunula
  15. Identify nail disorders and irregularities
  16. Identify nail fungus and mold
  17. Identify contagious diseases of the nail
  18. List massage movements for hand, arm, leg, and foot
  19. Perform massage movements for hand, arm, leg, and foot
  20. List nail shapes
  21. List nail equipment, implements, and cosmetics
  22. Prepare manicure table
  23. Perform plain manicure
  24. Perform oil manicure
  25. Prepare pedicure bath
  26. Perform pedicure procedure
  27. Perform safety and decontamination procedures for nail care implements

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted