

# Minnesota State College Southeast

## **COSM 1104: Esthiology**

### **A. COURSE DESCRIPTION**

Credits: 2

Lecture Hours/Week: \*.\*

Lab Hours/Week: 4

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course provides skill training in skin care including pressure point facial, body wraps, extractions and electrotherapy facial treatments. This course also provides theory for product knowledge, skin structure, skin disorders and disease, safety procedures, and decontamination. (Prerequisite: None) (2 credits: 0 lecture/2 lab)

**B. COURSE EFFECTIVE DATES:** 04/04/2017 - Present

### **C. OUTLINE OF MAJOR CONTENT AREAS**

1. Temporary Hair Removal
2. Electrotherapy Modalities
3. Facial Massage
4. Chemical and Mechanical Exfoliation
5. Body Wraps
6. Make-up Procedures
7. Record Keeping
8. Product Selection and Use
9. Safety, Sanitation, and Decontamination Regulations

#### **D. LEARNING OUTCOMES (General)**

1. Complete periodic examinations
2. Demonstrate dependability
3. Demonstrate professionalism
4. Demonstrate safety procedures
5. Demonstrate decontamination procedures
6. Perform skin assessment procedures
7. Identify skin disorders and diseases
8. Perform temporary hair removal procedures
9. Perform eyelash perming
10. Perform makeup procedures
11. Apply eyelash enhancements
12. Perform micro-dermabrasion procedure
13. Perform ultrasonic facial treatment
14. Perform alpha-hydroxyl peels
15. Perform body wraps
16. Perform extraction procedures
17. Perform LED treatments
18. Use tesla high frequency current
19. Describe the functions of the seven function skin machine
20. Perform facial massage
21. Complete client records
22. Determine correct product for skin condition
23. Recommend proper take home product

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

None noted