

Minnesota State College Southeast

HLTH 1215: Introduction to Dance (Lab)

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: *.*

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

The Lab section of the proposed and approved Introduction to Dance course is an exploration of the practice of dance as an embodied form of inquiry and expression. Students will move through a survey of diverse approaches to dance, considering their cultural, aesthetic and personal contexts as they go. Registration for this lab class would be prioritized for students registering for the full three credit Introduction to Dance course, and available spaces (up to 24 total) would then be opened to students wishing to take this lab section as a one credit Health and Wellness requirement fulfillment. (Prerequisite: none) (1 credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 01/26/2017 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. What is dance?
2. How does dance intersect with my life?

D. LEARNING OUTCOMES (General)

1. Experiencing participation, performance and choreography within diverse social and presentational dance forms
2. Recognizing, reflecting upon and articulating the components of dance movement as well as one's own experience of dancing
3. Practicing critical thinking (analyzing, problem-solving, writing) and creative thinking (imagining, developing, designing) as it relates to creating, performing, viewing, and assessing dance

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted