

# Minnesota State College Southeast

## HLTH 1098: Nursing Assistant

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 1

Lab Hours/Week: 4

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This 80-hour course develops skills, attitudes and knowledge essential for direct and supportive care in long-term care facilities. Class meets OBRA requirements and MN Board of Nursing standards. Skills are demonstrated in supervised laboratory and clinical environment. This is a prerequisite for incoming LPN students. Recent mantoux test taken up to 90 days prior to class start must be brought to first class. Twenty hours of clinical experience are included in this class. Note: Clinical days begin at 7:00 a.m. for daytime classes in Winona. The 80-hour MN Nursing Assistant class and being placed on the MN Registry does not qualify Nurse Aides to work in WI. Students are required to have a background check by submitting paperwork the first day of class. If background check does not pass, student will not be allowed to attend clinicals and a refund will not be issued. (Prerequisites: none) (3 credits: 1 lecture/2 lab)

**B. COURSE EFFECTIVE DATES:** 07/27/2016 - Present

**C. OUTLINE OF MAJOR CONTENT AREAS**

**D. LEARNING OUTCOMES (General)**

1. Describe nursing assistant ethics/etiquette
2. Describe role/responsibility/personal qualities of nursing assistant
3. Identify Resident's Bill of Rights
4. Describe normal aging
5. Describe Vulnerable Adult Law
6. Identify nursing home resident's care needs
7. Describe resident's safety needs
8. Demonstrate procedures for clearing an obstructed airway on an unconscious adult
9. Demonstrate procedures for clearing an obstructed airway on a conscious adult
10. Describe principles of body mechanics
11. Describe medical asepsis/universal precautions principles
12. Demonstrate proper hand washing
13. Demonstrate gloving
14. Demonstrate gowning
15. Demonstrate bagging linen
16. Demonstrate making unoccupied bed
17. Demonstrate making occupied bed
18. Demonstrate unit care
19. Identify effective verbal/non-verbal communication
20. Describe record keeping/communications responsibilities
21. Identify psycho-social characteristics of many nursing home residents
22. Describe strategies to implement when working with residents with dementia
23. Describe principles of behavior management
24. Demonstrate modification of nursing assistant's behavior in response to resident's behavior
25. Demonstrate appropriate communication techniques
26. Demonstrate application of support hosiery
27. Describe basic physical and psychological human needs
28. Identify developmental tasks of aging process
29. Describe death and dying
30. Identify grief and loss coping mechanisms
31. Describe/perform resident's personal care
32. Describe resident's prosthesis care
33. Demonstrate safety in caring for resident with therapeutic tubing devices
34. Demonstrate safety in caring for resident with pressure relieving devices
35. Demonstrate recording of resident's intake and output
36. Demonstrate maintenance of environmental safety for the resident
37. Demonstrate maintenance of personal safety for resident
38. Demonstrate implementation of nursing assistant skills
39. Demonstrate monitoring/recording of temperature, pulse, and respirations
40. Demonstrate monitoring and recording blood pressure
41. Describe principles of rehabilitation
42. List immobility effects
43. Demonstrate use of proper body mechanics
44. Describe proper body alignment

45. Describe proper use of safety devices/restraints
46. Demonstrate proper positioning (including moving in bed), transferring and ambulation of the resident
47. Demonstrate assisting the resident with active range of motion
48. Describe proper nutrition as well as factors affecting resident's nutritional status
49. Identify therapeutic diets and importance of fluid balance
50. Describe factors which interfere with the process of normal elimination
51. Describe bowel management plans
52. Describe bladder management plans
53. Identify situations which require emergency action
54. Demonstrate proper care for the incontinent resident
55. Demonstrate proper care for the resident with an indwelling catheter
56. Demonstrate necessary preparations for and assistance with feeding of a resident
57. Demonstrate assisting the resident with elimination needs
58. Demonstrate accuracy in measuring and recording the weight of resident
59. Demonstrate accuracy in measuring and recording height of resident

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

Classroom/Lab

All electronic devices (i.e. cell phone, computers, etc.) must be turned off during class. Devices can be used or checked on during break times.

Clinical Site

While at ANY clinical setting when you are representing MSC Southeast, you are NOT allowed to use a cell phone without prior permission from the facility and your instructor.

If there is an emergency, you will need to speak with our instructor for special accommodations.  
This course was previously HLTH 1398.