

Minnesota State College Southeast

HLTH 1000: Health Care Core Skills

A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: *.*

Lab Hours/Week: 4

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course introduces basic nursing care, skills and concepts in preparation for clinical experience in a nursing home. Upon successful completion of this course and clinical experience, students are eligible to take the Nursing Assistant Test-Out exam for placement on State of MN Nursing Assistant Registry. Skill set includes at least 40 hours of lab and 24 hours of clinical at an approved licensed nursing home. (Prerequisites: The following Health Care Core Curriculum modules must be completed: 1) Awareness & Sensitivity to Client Needs 2) Behaviors for Success in Healthcare Settings 3) Communications in Healthcare Settings 4) Healthcare Safety & Standard Precautions 5) Legal Issues in Healthcare 6) Healthcare Ethics 7) Respecting Client & Staff Diversity. All 7 modules must be at least 64 hours in length.) (2 credits: 0 lec/2 lab) This course is open only to high school students with permission of their counselor/principal. Must meet PSEO eligibility requirements.

B. COURSE EFFECTIVE DATES: 07/27/2016 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Discuss/demonstrate the role of nursing assistants within healthcare
2. Demonstrate skills for a safe and clean environment
3. Demonstrate skills related to vital signs and measures
4. Demonstrate skills for personal care
5. Demonstrate skills of activity and exercise
6. Demonstrate skills related to food and fluid
7. Demonstrate skills related to elimination
8. Discuss/demonstrate skills related to behavioral health/mental health
9. Discuss death and dying
10. Demonstrate work organizational skills in lab and clinical setting
11. Identify purpose of clinical experience
12. Using a problem-solving process applied to resident care situations, describe how nursing assistants can effectively, compassionately and safely provide care to their residents

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

Minnesota law (Vulnerable Adults Amendment, 1995) requires that any person who provides service involving direct contact with patients and residents at a healthcare facility licensed by the Minnesota Department of Health have a background study. An individual who is disqualified from having direct patient contact as a result of the background study, and whose disqualification is not set aside by the Commissioner of Health, will not be permitted to participate in a clinical placement in a Minnesota licensed health care facility. Failure to participate in a clinical will result in failure of the course. If you have questions, visit the DHS website <http://www.revisor.state.mn.us/stats/245C/15.html>.

TUBERCULIN SKIN TEST/CHEST X-RAY: Information related to your tuberculosis (TB) status is collected because the clinical sites where you will be placed requires this data. Your tuberculin skin test must be current within 90 days of your last clinical day. If your tuberculin skin test is positive you must provide evidence through a chest x-ray that you are TB-free. If you do not provide such evidence, you will not be placed on a clinical site. At the beginning of your class, the instructor will give you a due date for your tuberculin/chest x-ray data.

CLINICAL DRESS CODE AND HYGIENE:

- 1) Clean and pressed solid colored scrubs.
- 2) Cultural Dress (see instructor for additional information) Long sleeves must not be loose and must be able to push up to the elbow. Dress must be no longer than ankle length and not be so loose as to compromise patient or student safety. If head dress is worn, it may be no longer than shoulder length.
- 3) Clean leather or vinyl shoes with laces. No clogs or cloth shoes.
- 4) Name pin with your name must be worn on the scrubs top.
- 5) Pen (black or blue ink) and note paper.
- 6) Jewelry is limited to one ring, watch and one small post earring per ear.
- 7) No nose, cheek or lip jewelry is allowed.
- 8) Transfer belt must be worn at all times.
- 9) Fingernails must be no longer than 1/8 inch. No nail polish.
- 10) Underarm deodorant must be used, but no colognes, perfumes or aftershave lotions.
- 11) Hair must be clean, neat and odor-free. Long hair must be tied back.
- 12) face must be clean-shaven or have beard/mustache that is clean and trimmed.
- 13) Please check with your instructor regarding a visible tattoo.
- 14) You must present a clean and neat appearance.

TEST INTEGRITY:

There will be no cheating. There will be no toleration for any unauthorized assistance for yourself or a fellow students. Occurrences of dishonesty will result in a failure of the test followed by a Letter of Concern. Your instructor may take other actions to prevent further dishonesty. If dishonesty should occur a second time, your instructor will dismiss you from class, issue a "Fail" in the class. A Letter of Concern will again be issued. You will be advised of your right to appeal to the Progression Committee.

EVALUATION:

This course is PASS/FAIL. Three separate areas of the course will be graded. Each area must be passed.

- 1) Exams: 80% on each exam.
- 2) Laboratory Skills: a) 80% on the items, unless 100% is required on the skill for mastery. b) All bolded "automatic fail" items must be correctly performed. c) 100% on pre and post steps.
- 3) Clinical Experience: PASS based on appropriate criteria being adhered to.

ATTENDANCE in the lab and in clinical is mandatory.

NO SOCIAL MEDIA is allowed in the classroom, laboratory setting, or on your clinical location.

This course was previously HLTH 1500.