Minnesota State College Southeast

THPY 1436: Student Clinic

A. COURSE DESCRIPTION

Credits: 2
Lecture Hours/Week: *.*
Lab Hours/Week: 4
OJT Hours/Week: *.*

Prerequisites:
This course requires all four of these prerequisites
THPY 1400 - Swedish Massage & Massage Ethics
THPY 1425 - Deep Tissue Muscular Therapy
THPY 1404 - Professional Ethics
THPY 1454 - Seated Chair Massage

Corequisites: None

MnTC Goals: None

This course provides students with an opportunity to develop the practical skills necessary to administer a professional one-hour full body massage. Each student will perform at least 60 massages in the school massage clinic. This course provides students with an opportunity to develop the practical skills needed to work as a professional Massage Therapist. One class time will be scheduled to prepare the student to begin their professional massage practicum. (Prerequisite: THPY 1400, THPY1404, THPY1425, THPY 1454)
(Prerequisite or concurrent: THPY1410, THPY1415, THPY1424, THPY1440, THPY1447, and BIOL2500 or BIOL2511) (2 credit: 0 lecture/2 lab)

B. COURSE EFFECTIVE DATES: 04/25/2014 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Perform a ½ hour massage, a full 1 hour massage, and a 90 minute massage
2. Be able to interpret client health questionnaires and perform correct massage applications
3. Be able to chart outcomes in legal terminology
4. Understand importance of professional demeanor in a massage practice
D. LEARNING OUTCOMES (General)
   1. Schedule massage appointments
   2. Interpret client health questionnaire
   3. Identify client massage contraindications
   4. Perform client specific draping procedures
   5. Determine client pressure tolerance
   6. Analyze muscle condition
   7. Interpret client non-verbal feedback
   8. Apply massage therapy techniques
   9. Integrate a variety of massage techniques
  10. Demonstrate a professional full body massage
  11. Increase therapist muscle stamina
  12. Practice self-care techniques
  13. Perform a flowing one-hour massage routine
  14. Perform a ½-hour massage for specific complaints
  15. Perform a 90-minute massage with concentration on problematic areas
  16. Increase student awareness of massage work
  17. Locate student (physical & educational) weaknesses
  18. Chart client data

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted