

Minnesota State College Southeast

THPY 1436: Student Clinic

A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: *.*

Lab Hours/Week: 4

OJT Hours/Week: *.*

Prerequisites:

This course requires all four of these prerequisites

THPY 1400 - Swedish Massage & Massage Ethics

THPY 1425 - Deep Tissue Muscular Therapy

THPY 1404 - Professional Ethics

THPY 1454 - Seated Chair Massage

Corequisites: None

MnTC Goals: None

This course provides students with an opportunity to develop the practical skills necessary to administer a professional one-hour full body massage. Each student will perform at least 60 massages in the school massage clinic. This course provides students with an opportunity to develop the practical skills needed to work as a professional Massage Therapist. One class time will be scheduled to prepare the student to begin their professional massage practicum. (Prerequisite: THPY 1400, THPY1404, THPY1425, THPY 1454) (Prerequisite or concurrent: THPY1410, THPY1415, THPY1424, THPY1440, THPY1447, and BIOL2500 or BIOL2511) (2 credit: 0 lecture/2 lab)

B. COURSE EFFECTIVE DATES: 04/25/2014 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Perform a ½ hour massage, a full 1 hour massage, and a 90 minute massage
2. Be able to interpret client health questionnaires and perform correct massage applications
3. Be able to chart outcomes in legal terminology
4. Understand importance of professional demeanor in a massage practice

D. LEARNING OUTCOMES (General)

1. Schedule massage appointments
2. Interpret client health questionnaire
3. Identify client massage contraindications
4. Perform client specific draping procedures
5. Determine client pressure tolerance
6. Analyze muscle condition
7. Interpret client non-verbal feedback
8. Apply massage therapy techniques
9. Integrate a variety of massage techniques
10. Demonstrate a professional full body massage
11. Increase therapist muscle stamina
12. Practice self-care techniques
13. Perform a flowing one-hour massage routine
14. Perform a ½-hour massage for specific complaints
15. Perform a 90-minute massage with concentration on problematic areas
16. Increase student awareness of massage work
17. Locate student (physical & educational) weaknesses
18. Chart client data

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted