

Minnesota State College Southeast

THPY 1442: Special Populations

A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: 1

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites:

This course requires the following prerequisite

THPY 1400 - Swedish Massage & Massage Ethics

Corequisites: None

MnTC Goals: None

This course teaches the student techniques to help relieve discomforts of pre-natal and postpartum women during pregnancy, labor, and the postpartum period. Different positioning techniques are taught. The course also prepares the student for the different skills and techniques needed to address the geriatric population and person with disabilities. (Prerequisite: THPY 1400) (2 credits: 1 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 01/23/2013 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Identify contraindications for massage during pregnancy & post partum
2. Be able to demonstrate the different positioning techniques used during pregnancy
3. List contraindications for geriatric massage
4. Understand when to refer clients to health care professionals
5. Demonstrate the ability to adapt massage techniques to elderly population
6. Demonstrate ability to adapt massage techniques for people with disabilities

D. LEARNING OUTCOMES (General)

1. List most common pregnancy complaints
2. Identify pre-natal & post partum massage contraindications
3. Perform side-lying routine for a pregnant client
4. Perform bolstering and draping techniques for pre-natal client
5. Understand when to refer pregnant client to health care practitioner
6. List infant massage benefits & contraindications
7. List deep pressure geriatric massage contraindications
8. Identify geriatric massage client positioning possibilities
9. Understand when to refer geriatric client to health care practitioner
10. Understand how various disabilities impact a person physically and emotionally
11. Demonstrate ability to adapt massage techniques for clients with various disabilities
12. Understand contraindications for massage for people with disabilities
13. Know when to refer clients with disabilities to their health care practitioner

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted