

Minnesota State College Southeast

THPY 1480: Introduction to Herbalism

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is for the person looking into herbal medicine for their own healthcare. Maybe the Massage Therapist who can incorporate herbal oils into their work for added healing. The farmer who might want to use their land for growing and selling quality herbs. The retailer who may want to incorporate natural products into their business. Even selling bulk herbs grown from local herb farms. Herbal medicine is all around us. All those plants have names, faces, and a purpose for being here. We have just forgotten it. (Prerequisite: None) (1 credit: 1 lecture/0 lab)

B. COURSE EFFECTIVE DATES: 02/26/2004 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Identify common herbs
2. Understand herbs used for healing
3. Identify herbs used for specific ailments
4. Apply knowledge to brew teas for medicinal strength
5. Determine use of herbs
6. Understand planting of herbs
7. Identify wild plants
8. Increase student awareness of herbal benefits

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted