

# Minnesota State College Southeast

## THPY 1440: Preparation for National Exam

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites:

This course requires all four of these prerequisites

THPY 1400 - Swedish Massage & Massage Ethics

THPY 1404 - Professional Ethics

THPY 1425 - Deep Tissue Muscular Therapy

THPY 1454 - Seated Chair Massage

Corequisites: None

MnTC Goals: None

This course is designed to teach the student how to study for the National Certification Examination for Therapeutic Massage and Bodywork. Students will review all areas tested on the national exam. Students will identify the areas in which they need the most review and use outside texts to help them maximize their learning potential. Students will be encouraged to apply to take the National Certification Examination after they receive their diploma or certificate. (Prerequisites: THPY1404, THPY1425) (Prerequisites or concurrent: THPY1410, THPY1415, THPY1424, THPY1440, THPY1447, and BIOL2500 or BIOL2511) (1 credit: 1 lecture/0 lab)

**B. COURSE EFFECTIVE DATES:** 10/09/2002 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. Review human anatomy and physiology
2. Review kinesiology
3. Review craniosacral system
4. Review biomechanics
5. Review basic medical terminology
6. Review history and client intake process
7. Review traditional Chinese medicine
8. Review disease and injury related conditions
9. Review massage and bodywork theory
10. Review professional standards of ethics
11. Review business practices

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted