THPY 1470: Overview of Energy Modalities

A. COURSE DESCRIPTION
   Credits: 1
   Lecture Hours/Week: 1
   Lab Hours/Week: *
   OJT Hours/Week: *
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None
   This course will introduce the student to the concepts of energy systems. They will learn about auras, chakras, and energy healing. (Prerequisite: None) (1 credit: 1 lecture/0 lab)

B. COURSE EFFECTIVE DATES: 03/10/2002 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)
   1. Understand chakras
   2. Understand aura systems
   3. Describe chi
   4. Perform a hands-on healing session
   5. Perform a hands-off healing session
   6. Know the benefits of energy work
   7. Describe how energy affects people
   8. Use energy to affect another person positively
   9. Comprehend possible emotional releases
   10. Reiterate history of energy work

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted