

Minnesota State College Southeast

THPY 1470: Overview of Energy Modalities

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course will introduce the student to the concepts of energy systems. They will learn about auras, chakras, and energy healing. (Prerequisite: None) (1 credit: 1 lecture/0 lab)

B. COURSE EFFECTIVE DATES: 03/10/2002 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Understand chakras
2. Understand aura systems
3. Describe chi
4. Perform a hands-on healing session
5. Perform a hands-off healing session
6. Know the benefits of energy work
7. Describe how energy affects people
8. Use energy to affect another person positively
9. Comprehend possible emotional releases
10. Reiterate history of energy work

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted