

Minnesota State College Southeast

COSM 1406: Esthiology I

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: *.*

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course provides an introduction to basic skin care including European facial, make-up application, hair removal body exfoliation, safety procedures, and decontamination. (Prerequisite: None) (1 Credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 04/24/1998 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Temporary hair removal
2. Body treatments
3. Facial massage
4. Recordkeeping
5. Product selection and use
6. Safety, sanitation, and disinfection regulations

D. LEARNING OUTCOMES (General)

1. Demonstrate professionalism
2. Demonstrate dependability
3. Complete periodic examinations
4. Perform a skin care assessment
5. Analyze skin types
6. Analyze Fitzpatrick skin types
7. Analyze skin conditions
8. Complete client assessment forms
9. Demonstrate proper draping
10. Prepare materials, implements, and products for service
11. Perform application of appropriate product
12. Perform facial massage procedure
13. Apply touch up make-up application
14. List methods of hair removal
15. Describe the effects of hair removal
16. Describe how the different methods of hair removal work
17. Perform temporary hair removal
18. List contraindications for hair removal, facial massage and body exfoliation
19. Perform a body exfoliation
20. Perform body wrap
21. Perform safety procedures during the procedure
22. Perform decontamination procedures before, during, and after a procedure

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted