

Minnesota State College Southeast

COSM 1405: Nail Technology I

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: *.*

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course provides an introduction to nail care including manicuring (basic, spa and oil), pedicuring (basic and spa), hand and arm massage, foot and leg massage, nail structure, nail diseases and disorders, safety procedures, and decontamination. (Prerequisite: None) (1 Credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 04/24/1998 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Theory of natural nail structure, nail disorders and diseases, and natural nail services
2. Understand manicuring tools and uses
3. Practice natural nail service procedures
4. Decision making
5. Time management
6. Product selection and use
7. Safety and decontamination regulations

D. LEARNING OUTCOMES (General)

1. Identify nail plate
2. Identify nail free edge
3. Identify nail root
4. List parts of the nail
5. Identify cuticle
6. Identify perionychium
7. Identify hyponychium
8. Identify nail groove
9. Identify eponychium
10. Identify nail wall
11. Identify nail matrix
12. Identify nail mantle
13. Identify nail bed
14. Identify nail lunula
15. Identify nail disorders and irregularities
16. Identify nail fungus and mold
17. Identify contagious diseases of the nail
18. List massage movements for hand, arm, leg, and foot
19. Perform massage movements for hand, arm, leg, and foot
20. List nail shapes
21. List nail equipment, implements, and cosmetics
22. Prepare manicure table
23. Perform plain manicure
24. Perform oil manicure
25. Prepare pedicure bath
26. Perform pedicure procedure
27. Perform safety and decontamination procedures for nail care implements

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted