Alexandria Technical and Community College

NSGA 1640: Nursing Assistant

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 1
Lab Hours/Week: 2
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course introduces concepts of basic human needs, health/wellness continuum and basic nursing skills. It is designed to prepare the learner for entry-level employment as a Nursing Assistant.

B. COURSE EFFECTIVE DATES: 08/18/2024 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Introduction to healthcare and the role of the nursing assistant.
2. Basic human needs, growth, and development.
3. Communication with residents and staff: adapting communication to include those with sensory deficits, traumatic brain injury and cultural differences.
4. Safe and clean environment, response to emergencies, and the principles of infection control.
5. The purpose and procedures for obtaining vital signs and measurements and O2 safety.
6. Purpose and skills related to personal cares for residents.
7. Purpose of activity and exercise, correct technique for transfers, positioning, and range of motion.
8. Nutrition and fluids, diets, hydration, assisting with eating, and alternate nutrition.
10. Caring for residents with special needs, behavioral health, developmental disabilities, dementia, death and dying.
11. Practice of skills that will be needed in nursing home and home health settings.
12. Clinical experience with residents in a nursing home facility.

D. LEARNING OUTCOMES (General)

1. The student will be able to proficiently and safely perform the skills needed to care for residents/clients in the clinical or home setting.
2. The student will be able to effectively communicate with residents/clients and with the health care team including knowledge of the terms and abbreviations commonly used and the ability to observe and report on the resident/client’s status.
3. The student will understand and implement the ethical and legal responsibilities of a nursing assistant.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None
F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted