A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 0
Lab Hours/Week: 8
OJT Hours/Week: *.*

Prerequisites:
This course requires either of these prerequisite categories
1. Both of these groups
   1. One of these two
      PTE 1525 - Physical Fitness / Use of Force Training (Number of Years Valid: 5)
      LENF 1525 - Physical Fitness / Use of Force Training
      And
      2. PTE 2606 - Firearms/Officer Survival Tactics (Number of Years Valid: 5)
      Or
      2. LENF 2606 - Firearms/Officer Survival Tactics (Number of Years Valid: 5)

Corequisites: None
MnTC Goals: None

Learners receive instruction in the concepts and techniques of defensive tactics and physical exercise. The course gives learners the ability and confidence to cope with physical situations that may confront peace officers; eliminate excessive use of force by officers; and appropriately react to situations with a swift, efficient, and appropriate solution whether physical or verbal. Training is also given in the use of chemical agents and distraction devices.

B. COURSE EFFECTIVE DATES: 10/16/2023 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Review principles of nutrition and fitness.
2. Continue to improve on fitness levels.
3. Meet minimum fitness standards for completion.
4. Demonstrate principles of control standing and on the ground.
5. Define the principles of a force matrix as related to statute.
6. Demonstrate proper application of handcuffs.
7. Demonstrate proper use of an ECD (Taser).
8. Demonstrate proper use of an expandable baton.
9. Demonstrate proper use of chemical agents.
10. Demonstrate weapon retention.
11. Demonstrate an understanding of proper application of all use of force techniques learned throughout the program.
D. LEARNING OUTCOMES (General)
   1. The learner will exhibit an understanding of the concepts and techniques of decentralizing suspect’s balance, energy loss, and the application of pressure points.
   2. The learner will exhibit an understanding of knife defense, Riot Baton use, and the proper use of the lateral vascular neck restraint. The learner will also exhibit the proper use of chemical agents.
   3. The learner will exhibit an understanding of the concepts and techniques of different applications of handcuffing.
   4. The learner will exhibit an understanding of the concepts and correct Baton techniques and proper use of Advanced TASER.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted