Alexandria Technical and Community College

PHED 8410: Intercollegiate Archery

A. COURSE DESCRIPTION
   Credits: 0
   Lecture Hours/Week: 0
   Lab Hours/Week: 2
   OJT Hours/Week: *.*
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None
   This course concentrates on the techniques and skills needed for archery. Proper handling of a bow and arrow, shooting procedures, and scoring will be taught in this class through participation in practices and competition events.

B. COURSE EFFECTIVE DATES: 10/13/2023 - Present

C. OUTLINE OF MAJOR CONTENT AREAS
   1. Safety (personal protection, bow and arrow handling, range safety, and sportsmanship)
   2. Basic Techniques (bow fit, foot position, bow mount, hold point, sight picture, and target acquisition)
   3. Terminology
   4. Squad Procedures
   5. Scoring

D. LEARNING OUTCOMES (General)
   1. Identify and use archery terminology.
   2. Demonstrate the ability to safely handle a bow and arrow.
   3. Identify the sequence of events related to shooting at targets.
   4. Demonstrate proper foot positions for each station.
   5. Identify the proper hold points for each station.
   6. Apply nose over toes weight distribution.
   7. Explain proper breathing techniques.
   8. Demonstrate proper bow mount.
   9. List the proper pre-shot routine in order.
  10. Explain indoor and outdoor target aiming.
  11. Determine correct selection of sights.
  12. Determine correct selection of accessories and safety gear.
  13. Demonstrate the proper cleaning and handling procedures.
  14. List personal safety equipment used in archery.
  15. Demonstrate the correct rotation procedure during a round of target shooting.
  16. Demonstrate sportsmanship at all times.
  17. Demonstrate the ability to score from target hits.
E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted