Alexandria Technical and Community College

PHED 8450: Intercollegiate Volleyball

A. COURSE DESCRIPTION

Credits: 0
Lecture Hours/Week: 0
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course involves athletic participation in intercollegiate women's volleyball. Students practice and compete in the Minnesota College Athletic Conference (MCAC) and the National Junior College Athletic Association (NJCAA). Students will learn about and develop their confidence, characteristics of high achievement, and physical skills in a competitive volleyball environment. Fundamentals, techniques, strategy, practice, and competition in intercollegiate women's volleyball will be taught. Coach approval required.

B. COURSE EFFECTIVE DATES: 04/29/2022 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Comply with eligibility requirements
2. Develop volleyball skills and techniques
3. Identify and use volleyball equipment
4. Understand and practice volleyball rules and strategy
5. Demonstrate sportsmanship

D. LEARNING OUTCOMES (General)

1. Demonstrate physical fitness in a volleyball setting.
2. Demonstrate sportsmanship in a volleyball setting.
3. Demonstrate volleyball skills.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted