PHED 1420: Trap Shooting

A. COURSE DESCRIPTION

Credits: 1
Lecture Hours/Week: 0
Lab Hours/Week: 2
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course concentrates on the techniques and skills needed to shoot clay targets. Proper handling of firearms, shooting procedures, and scoring will be taught in this class through participation in practices and competition events.

B. COURSE EFFECTIVE DATES: 03/06/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Safety (personal protection, firearm handling, range safety, and sportsmanship)
2. Basic Techniques (gun fit, foot position, gun mount, hold point, sight picture, and target acquisition)
3. Terminology
4. Squad Procedures
5. Scoring

D. LEARNING OUTCOMES (General)

1. Identify and use trap shooting terminology.
2. Demonstrate the ability to safely handle a firearm.
3. Identify the sequence of events relating to shooting a round of trap.
4. Demonstrate proper foot positions for each station.
5. Identify the proper hold points for each station.
6. Apply “nose over toes” weight distribution.
7. Explain why you should keep your cheek on the stock.
8. Demonstrate proper gun mount.
9. List in order the proper “pre-shot” routine.
10. Explain what is meant by “leading” the target.
11. Explain what “patterning” your gun means.
12. Determine correct selection of choke tubes.
13. Demonstrate the proper gun cleaning procedures.
14. List personal safety equipment used in trap shooting.
15. Demonstrate the correct rotation procedure during a round of trap.
16. Demonstrate sportsmanship at all times.
17. Demonstrate the ability to score a round of trap.
E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted