Alexandria Technical and Community College

NSGA 1640: Nursing Assistant/Home Health Aide Training

A. COURSE DESCRIPTION

   Credits: 3
   Lecture Hours/Week: 1
   Lab Hours/Week: 2
   OJT Hours/Week: *
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None

   This course introduces concepts of basic human needs, health/wellness continuum and basic nursing skills. It is designed to prepare the learner for entry-level employment as a Nursing Assistant and/or Home Health Aide. Nursing Assistant registration is a prerequisite to the Practical Nursing program. This course meets the MN Department of Health Standards.

B. COURSE EFFECTIVE DATES: 04/04/2013 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

   1. Basic human needs, growth, and development.
   2. Caring for residents with special needs, behavioral health, developmental disabilities, dementia, and death and dying.
   3. Clinical experience with residents in a nursing home facility.
   4. Communication with residents and staff: adapting communication to include those with sensory deficits, traumatic brain injury and cultural differences.
   5. Elimination, bowel and bladder care, colostomy care, and urinary catheter care.
   6. Introduction to healthcare and the role of the nursing assistant and home health aide.
   7. Nutrition and fluids, diets, hydration, assisting with eating, and alternate nutrition.
   8. Practice of skills that will be needed in nursing home and home health settings.
   9. Purpose and skills related to personal cares for residents.
   10. Purpose of activity and exercise, correct technique for transfers, positioning, and range of motion.
   11. Safe and clean environment, response to emergencies, and the principles of infection control.
   12. The purpose and procedures for obtaining vital signs and measurements and O2 safety.

D. LEARNING OUTCOMES (General)

   1. The learner will be able to effectively communicate with residents/clients and with the health care team including knowledge of the terms and abbreviations commonly used and the ability to observe and report on the resident/client’s status.
   2. The learner will be able to proficiently and safely perform the skills needed to care for residents/clients in the clinical or home setting.
   3. The learner will understand and implement the ethical and legal responsibilities of a nursing assistant.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

   None
F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted