Alexandria Technical and Community College

CHCA 2535: Managing Challenging Behaviors

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 2
Lab Hours/Week: 2
OJT Hours/Week: *
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course helps students understand children’s behavior problems and identify intervention strategies to prevent and resolve problem behavior, use behavior modification techniques effectively, and design behavior plans.

B. COURSE EFFECTIVE DATES: 08/26/2013 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Define internal and external influences on behaviors.
2. Describe and demonstrate strategies to promote positive mental health development in young children.
3. Describe common developmental and environmental risk factors for developing extreme challenging behavior including but not limited to abuse/neglect, post-traumatic stress, chemical dependency, poverty and family changes.
4. Develop understanding of community mental health services and supports for young children.
5. Discuss common behavior challenges in young children including: aggression, insecure/nervous, antisocial, precocious, peer problems and immature behaviors.
6. Examine and demonstrate positive behavior support intervention and guidance techniques for children with extreme challenging behaviors.
7. Examine and describe developmentally appropriate behavior.
8. Practice methods for observing and recording challenging behaviors including Functional Behavior Assessment.

D. LEARNING OUTCOMES (General)

1. The learner will examine internal and external influences on behaviors.
2. The learner will identify behavior factors and causes of challenging behavior.
3. The learner will demonstrate intervention and guidance techniques.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted