

Alexandria Technical and Community College

COMM 1442: Student Success

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course empowers students to have a successful transition to the higher education experience at Alexandria Technical College. Students learn skills and techniques used by successful college students. Students are introduced to campus resources, develop a better understanding of the learning process, and acquire essential academic survival skills.

B. COURSE EFFECTIVE DATES: 05/27/2003 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Explore campus services and resources available plus the benefits of using them.
2. Demonstrate the use of note taking, active listening, effective communication, and time and money management.
3. Apply test taking strategies to reduce stress and improve performance.
4. Examine ways to handle academic and life stress.

D. LEARNING OUTCOMES (General)

1. The learner will evaluate current study habits and determine ways to become a more efficient and effective learner.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted