Alexandria Technical and Community College

PSYC 1405: Life Span Psychology

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 3
Lab Hours/Week: *.*
OJT Hours/Week: *.*
Prerequisites:
This course requires any of these three prerequisites
   READ 0900 - College Prep Reading (Minimum grade: 2.0 GPA Equivalent and Number of Years
Valid: 5)
   Reading College Level
   A score of 2 on test Reading
Corequisites: None
MnTC Goals: Goal 05 - Hist/Soc/Behav Sci, Goal 07 - Human Diversity
This course surveys human development from the lifespan perspective including theories, stages, and
influences of development. This course views the individual from conception to death through physical,
social, emotional, and mental development.

B. COURSE EFFECTIVE DATES: 08/26/2002 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Describe the key psychological theories and research methods in the lifespan perspective.
2. Explain the biological and genetic foundations of behavior.
3. Understand the physical, cognitive and socioemotional changes in infancy.
4. Understand the physical, cognitive and socioemotional changes in early childhood.
5. Understand the physical, cognitive and socioemotional changes middle and late childhood.
6. Understand the physical, cognitive and socioemotional changes in adolescence.
7. Understand the physical, cognitive and socioemotional changes in early adulthood.
8. Understand the physical, cognitive and socioemotional changes in middle adulthood.
9. Understand the physical, cognitive and socioemotional changes in late adulthood.
10. Describe typical experiences of death, dying and grieving.

D. LEARNING OUTCOMES (General)

1. Students will learn the physical, cognitive and socioemotional changes throughout the lifecycle.
2. Students will apply theories to explain the range of human behavior in diverse experiences.
3. Students will communicate their developmental experience and how it varies from other groups.
E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal 05 - Hist/Soc/Behav Sci
1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Examine social institutions and processes across a range of historical periods and cultures.
3. Use and critique alternative explanatory systems or theories.
4. Develop and communicate alternative explanations or solutions for contemporary social issues.

Goal 07 - Human Diversity
1. Understand the development of and the changing meanings of group identities in the United States' history and culture.
2. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
3. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

F. LEARNER OUTCOMES ASSESSMENT
As noted on course syllabus

G. SPECIAL INFORMATION
None noted