

# Alexandria Technical and Community College

## COMM 1435: Interpersonal Communication

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: Goal 01 - Communication

This course meets Minnesota Transfer Curriculum (MnTC) goal area 1. This course assists students in improving their one-on-one communication skills at both a professional and personal level. Learners analyze the common variables of interpersonal communications and learn techniques to overcome barriers to effective communication.

**B. COURSE EFFECTIVE DATES:** 05/18/2002 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Understand the Communication Process and the nature of Interpersonal Communication.
2. Review elements of the perception process and develop the skill of perception checking.
3. Recognize and manage emotions and emotional expression.
4. Discover the impact of culture and gender on all aspects of communication.
5. Understand the listening process and overcome challenges to effective listening.
6. Understand the Role of Communication in identity management and personality.
7. Study models of relational development
8. Understand communication climates and the nature of interpersonal conflict.
9. Discuss intimacy and distance in relational communication
10. Review impacts of language and non verbal communication.

### D. LEARNING OUTCOMES (General)

1. The learner will demonstrate listening by using a checklist to evaluate peers.
2. The learner will identify personal communication problems and solve them so progress can be charted.
3. The learner will complete projects as teams in a timely, organized manner to meet professional meetings standards
4. The learner will differentiate communication methods effective at work and in personal situations by keeping a journal.

## **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

### Goal 01 - Communication

1. Participate effectively in groups with emphasis on listening, critical and reflective thinking, and responding.
2. Locate, evaluate, and synthesize in a responsible manner material from diverse sources and points of view.
3. Select appropriate communication choices for specific audiences.
4. Employ syntax and usage appropriate to academic disciplines and the professional world.

## **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

## **G. SPECIAL INFORMATION**

None noted