

# Anoka-Ramsey Community College

## PSYC 2370: Cross-Cultural Psychology

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

This course requires either of these prerequisites

PSYC 1110 - General Psychology (Minimum grade: 2.0 GPA Equivalent)

A score of 3 on test Advanced Placement Psychology

Corequisites: None

MnTC Goals: Goal 05 - Hist/Soc/Behav Sci, Goal 08 - Global Perspective

(MnTC Goals 5 and 8)

Prerequisites (must have a grade of C or better): PSYC 1110

This course is an introduction to Cross-Cultural Psychology, a field of psychology that studies the influence of individuals' culture on a variety of psychological processes and their understanding of the world in which they live. We will discuss how different aspects of culture - norms, expectations, practices, etc. - play a significant role in understanding of ourselves as well as understanding of others. Topics learned in the course include cultural influence on cognition, perception of reality, interpersonal communication, emotional experience, development of personal and social identity, and understanding mental health issues. In this course, students are expected to develop their cultural competence and global perspective on critical issues.

**B. COURSE EFFECTIVE DATES:** 03/29/2021 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Basic concepts of culture & cross-cultural psychology
2. Research methods: challenges unique to cross-cultural research
3. Language & communication: make or break our connection
4. Culture & cognition: one's perception of reality
5. Culture & development of one's identity
6. Culture & the nature of relationship
7. Expression, interpretation, & experience of emotions across culture
8. Perspectives of mental health & psychopathologies across culture
9. Thriving in a globally interconnected world: applying the principles of cross-cultural psychology to one's life

#### **D. LEARNING OUTCOMES (General)**

1. Demonstrate knowledge of basic concepts of culture and principles of Cross-Cultural psychology.
2. Understand the historical context in which Cross-Cultural psychology has developed as a field of study.
3. Understand the research methods employed in Cross-Cultural psychology.
4. Examine the empirical literatures in the field to carefully evaluate the quality of various theoretical approaches taken by Cross-Cultural psychologists.
5. Integrate psychological theories and theories of other disciplines (e.g., linguistics and anthropology) to evaluate the role of one's culture in understanding of psychological processes.
6. Examine the ways in which cultural competence (e.g., improving intercultural communication skills) can promote a more equitable, inclusive, and harmonious society.
7. Demonstrate an ability to apply the principles of Cross-Cultural psychology to one's own personal, social, and professional domain to enhance the quality of one's living environment and the overall life experience.

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

##### Goal 05 - Hist/Soc/Behav Sci

1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Examine social institutions and processes across a range of historical periods and cultures.
3. Use and critique alternative explanatory systems or theories.
4. Develop and communicate alternative explanations or solutions for contemporary social issues.

##### Goal 08 - Global Perspective

1. Describe and analyze political, economic, and cultural elements which influence relations of states and societies in their historical and contemporary dimensions.
2. Demonstrate knowledge of cultural, social, religious and linguistic differences.
3. Analyze specific international problems, illustrating the cultural, economic, and political differences that affect their solution.
4. Understand the role of a world citizen and the responsibility world citizens share for their common global future.

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

None noted