

# Anoka-Ramsey Community College

## IHH 2285: Holistic Geriatric Care Capstone Class

### A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: 2

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites:

This course requires the following prerequisite

IHH 1305 - Integration of Holistic Therapies in Geriatric Care (Minimum grade: 2.0 GPA Equivalent)

Corequisites: None

MnTC Goals: None

Prerequisites: IHH 1305 and permission of the program director

Recommended Skills, Abilities, or Coursework: College level reading

In this capstone class students will integrate theory and skills for a holistic approach to different stages of aging and geriatric care. Students will utilize critical thinking and decision-making while creating a therapeutic environment for clients within their cultural context. Students will explore various settings providing a continuum of care where holistic therapies can be applied with the geriatric population. Students will write their own life review/their story and create an opportunity to apply a holistic therapy in a geriatric population setting.

**B. COURSE EFFECTIVE DATES:** 01/11/2010 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Incorporation of Holistic therapies and aspects of aging into specific population
2. Critical thinking - in a therapeutic environment
3. Building awareness of holistic therapies and their benefits
4. Communication within a healthcare team
5. Life story / review

### D. LEARNING OUTCOMES (General)

1. Identify integration of theory and skills for a holistic approach of different stages of aging and geriatric care
2. Utilize critical thinking and decision-making while creating a therapeutic environment for clients within their cultural context
3. Explore various settings providing a continuum of care where holistic therapies can be applied with the geriatric population
4. Experience a holistic therapy
5. Write your own life review/your story
6. Apply a holistic therapy in a geriatric population setting

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

## **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

## **G. SPECIAL INFORMATION**

Clinical hours: Up to 32 hours/semester  
Individual learning contract