

Anoka-Ramsey Community College

IHH 1300: The Aging Transformation and Geriatric Holistic Health

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Recommended Skills, Abilities, or Coursework: College level reading

This course will identify demographics of the geriatric population and understand the aging process myths and facts. Cognitive, physical, emotional, social and environmental impacts of aging will be discussed. The use of holistic therapies and their benefit to the geriatric population will be explored. The legal and ethical issues related to aging, such as advanced healthcare directives and living wills will be discussed.

B. COURSE EFFECTIVE DATES: 01/11/2010 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Geriatric population demographics and trends
2. The aging process for the geriatric population
3. HH can provide alternative therapies and life living strategies
4. HH impacts of aging
5. Legal and ethical concerns with aging and holistic healing therapies
6. Current issues related to aging and holistic therapies

D. LEARNING OUTCOMES (General)

1. Identify and understand the impact of demographics related to the geriatric population
2. Understand the aging process and the influence of human adaptation of aging
3. Identify and understand the cognitive, physical, emotional, social and environmental impacts of aging
4. Explain the use of holistic therapies and how they may benefit the geriatric population
5. Explore your personal beliefs about the process of aging
6. Explore legal and ethical issues related to aging
7. Discuss current political and sociological issues with an aging population

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted