Minnesota State College Southeast

COSM 1104: Esthiology

A. COURSE DESCRIPTION
   Credits: 2
   Lecture Hours/Week: *. *
   Lab Hours/Week: 4
   OJT Hours/Week: *. *
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None
   This course provides skill training in skin care including pressure point facial, body wraps, extractions and electrotherapy facial treatments. This course also provides theory for product knowledge, skin structure, skin disorders and disease, safety procedures, and decontamination. (Prerequisite: None) (2 credits: 0 lecture/2 lab)

B. COURSE EFFECTIVE DATES: 04/04/2017 - Present

C. OUTLINE OF MAJOR CONTENT AREAS
   1. Temporary Hair Removal
   2. Electrotherapy Modalities
   3. Facial Massage
   4. Chemical and Mechanical Exfoliation
   5. Body Wraps
   6. Make-up Procedures
   7. Record Keeping
   8. Product Selection and Use
   9. Safety, Sanitation, and Decontamination Regulations
D. LEARNING OUTCOMES (General)
   1. Complete periodic examinations
   2. Demonstrate dependability
   3. Demonstrate professionalism
   4. Demonstrate safety procedures
   5. Demonstrate decontamination procedures
   6. Perform skin assessment procedures
   7. Identify skin disorders and diseases
   8. Perform temporary hair removal procedures
   9. Perform eyelash perming
  10. Perform makeup procedures
  11. Apply eyelash enhancements
  12. Perform micro-dermabrasion procedure
  13. Perform ultrasonic facial treatment
  14. Perform alpha-hydroxyl peels
  15. Perform body wraps
  16. Perform extraction procedures
  17. Perform LED treatments
  18. Use tesla high frequency current
  19. Describe the functions of the seven function skin machine
  20. Perform facial massage
  21. Complete client records
  22. Determine correct product for skin condition
  23. Recommend proper take home product

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted