Minnesota State College Southeast

COSM 1406: Esthiology I

A. COURSE DESCRIPTION

Credits: 1
Lecture Hours/Week: *.*
Lab Hours/Week: 2
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course provides an introduction to basic skin care including European facial, make-up application, hair removal body exfoliation, safety procedures, and decontamination. (Prerequisite: None) (1 Credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 04/24/1998 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Temporary hair removal
2. Body treatments
3. Facial massage
4. Recordkeeping
5. Product selection and use
6. Safety, sanitation, and disinfection regulations
D. LEARNING OUTCOMES (General)
   1. Demonstrate professionalism
   2. Demonstrate dependability
   3. Complete periodic examinations
   4. Perform a skin care assessment
   5. Analyze skin types
   6. Analyze Fitzpatrick skin types
   7. Analyze skin conditions
   8. Complete client assessment forms
   9. Demonstrate proper draping
  10. Prepare materials, implements, and products for service
  11. Perform application of appropriate product
  12. Perform facial massage procedure
  13. Apply touch up make-up application
  14. List methods of hair removal
  15. Describe the effects of hair removal
  16. Describe how the different methods of hair removal work
  17. Perform temporary hair removal
  18. List contraindications for hair removal, facial massage and body exfoliation
  19. Perform a body exfoliation
  20. Perform body wrap
  21. Perform safety procedures during the procedure
  22. Perform decontamination procedures before, during, and after a procedure

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted