Minnesota State College Southeast

NURS 1460: Health Assessment

A. COURSE DESCRIPTION

Credits: 1  
Lecture Hours/Week: 0  
Lab Hours/Week: 2  
OJT Hours/Week: *.*

Prerequisites:
This course requires either of these prerequisites
   BIOL 2515 - Anatomy & Physiology I
   BIOL 1200 - Human Biology

Corequisites: NURS 1400 and NURS 1410 and NURS 1430

MnTC Goals: None

This course will provide the student the framework for preparing students to perform a holistic comprehensive health assessment on clients across the lifespan. Emphasis is placed on taking a thorough nursing history, performing physiological, developmental, psychological, sociological, cultural, and spiritual assessments, as well as identifying stressors and health risks. Students are provided the opportunity to document subjective findings from the health history as well as objective assessment findings. Laboratory experiences provide an opportunity to practice assessment skills. Prerequisites: BIOL1200 OR BIOL2515 (1 credit: 0 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 08/01/2021 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Interviewing, Health History, Review of Systems
2. Documentation
3. Psychosocial, Cultural, and Spiritual Assessment
4. Health Risk Assessment
5. Physical Assessment Skills

D. LEARNING OUTCOMES (General)

1. Perform comprehensive and focused assessments that include the physical, developmental, psychological, sociological, cultural, and spiritual aspects of patients. (EPSLO 1, 8)
2. Interpret assessment data to determine patient safety and health risks, as well as personal and environmental stressors (EPSLO 1, 5)
3. Utilize appropriate verbal, written, and electronic communication skills during the health history, patient assessment, and documentation of data. (EPSLO 1, 2, 3, 4)
4. Demonstrate professional accountability and maintain confidentiality while performing physical assessment. (EPSLO 6, 7)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus
G. SPECIAL INFORMATION

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or Student Services at the beginning of the semester. Special program needs include a calculator, nursing uniform, insignia patch, Minnesota State College Southeast name tag, stethoscope, and watch with a second hand. A student enrolled in this course must have current immunizations, CPR certification, passed a background check, and must be able to provide their own transportation to class and clinical locations. The student must also be of good health and able to lift and transfer patients without restriction.