Minnesota State College Southeast

NURS 1400: Nursing Fundamentals and Community Health

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 3
Lab Hours/Week: 3
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course will provide the student an introduction to nursing and roles of the nurse in various community health care settings. Emphasis is placed on the knowledge and skills needed to provide safe, quality, patient-centered care. The student is provided the opportunity to practice assessment skills and demonstrate nursing skills for populations across the lifespan in selected community settings. Adherence to ethical and legal standards in promoting a patient’s physical, cognitive, and mental health is emphasized. Concepts of patient education are introduced and an introduction to the nursing process provides a decision-making framework to assist students in developing effective clinical judgment skills. (4 credits: 3 lecture/1 lab)

B. COURSE EFFECTIVE DATES: 08/01/2021 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Nursing Role and Scope of Practice / Spectrum of Healthcare
2. QSEN competencies
3. Tissue Integrity
4. Mobility, Body Mechanics and Ergonomics
5. Infection Control
6. Nutrition
7. Comfort and Pain
8. Medication administration
9. Elimination
10. Rest and Sleep
11. Growth and Development
12. Cognition and Sensory Perception
13. Elder Abuse
D. LEARNING OUTCOMES (General)

1. Discuss the role of the nurse and scope of practice related to established code of ethics, nurse practice acts, and professional registrations/certifications. (EPSLO 7)
2. Describe the role of the nurse as part of the health care team providing patient care in health care settings. (EPSLO 1, 2, 3, 8)
3. Discuss the concepts integral to the provision of safe, quality patient-centered care. (EPSLO 1, 2, 3, 4, 5, 6, 7, 8)
4. Provide individualized, health-related teaching for patients and families. (EPSLO 1)
5. Determine the nurse's role in identifying and supporting selected physiologic needs of patients. (EPSLO 1, 5, 8)
6. Apply the various elements of the nursing process to clinical decision-making. (EPSLO 1, 8)
7. Provide care to patients across the lifespan in the community experiencing challenges with physical, cognitive, and mental health. (EPSLO 1, 2, 6, 7)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or Student Services at the beginning of the semester. Special program needs include a calculator, nursing uniform, insignia patch, Minnesota State College Southeast name tag, stethoscope, and watch with a second hand. A student enrolled in this course must have current immunizations, CPR certification, passed a background check, and must be able to provide their own transportation to class and clinical locations. The student must also be of good health and able to lift and transfer patients without restriction.