

Minnesota State College Southeast

ECED 1020: Child Health, Safety, and Nutrition

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course provides guidance for how to establish and maintain a physically and psychologically safe and healthy learning environment for young children. Topics include preventing illness and accidents; handling emergencies; providing health, safety, and nutrition educational experiences; meeting children's basic nutritional needs; child abuse and current health-related issues. This course does not include CPR or first aid certification. Students are required to pass a Minnesota DHS background study and complete field experience hours during ECED coursework. (Corequisite: ECED1101, ECED1102) (3 credits: 3 lecture/0 lab)

B. COURSE EFFECTIVE DATES: 02/01/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Childhood Safety
2. Childhood Nutrition and Wellness
3. High Quality Learning Environments

D. LEARNING OUTCOMES (General)

1. Explore methods for promoting health, wellness, and physical development in children
2. Describe the infectious process, universal precautions, and the identification and management of communicable illness
3. Explore methods for creating quality environments supporting health, safety, and regulatory requirements
4. Identify safety management practices, including prevention of food-borne illnesses
5. Explore the general characteristics of child abuse and neglect
6. Plans and designs developmental appropriate learning experiences for the young child in regard to health, safety, and nutrition
7. List the basic components of nutrition recommendations for young children

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted