Alexandria Technical and Community College

BHHS 1500: Adult and Child Mental Health/Developmental Disabilities

A. COURSE DESCRIPTION

Credits: 4
Lecture Hours/Week: 4
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course is designed for students to learn the historical perspectives of children and adult mental health, resources that promote mental health, mental health impact on education and development, effect of mental health within families, relationships and communities, and impact of adverse childhood experiences. Students will identify ways to promote well-being and resiliency. Course is designed to raise your knowledge and awareness of the importance with developmental disabilities. These conditions begin during the developmental period, may impact day-to-day functioning, and usually last throughout a person’s lifetime.

B. COURSE EFFECTIVE DATES: 04/17/2024 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Identify mental health disorders.
2. Explore treatment and interventions.
3. Examine adverse childhood experiences (ACEs).
4. Discuss historical events in mental health.
5. Identify resources and supportive services.
6. Describe how impairments impact daily functioning and development.
7. Identify physical, learning, language, and behavior impairments.
8. Discuss conditions related to developmental disabilities.
9. Identify impact of mental health on individual, family, and the community.
10. Explore bias in relationship to mental health disorders.
11. Review guidelines for providing and billing mental health services.

D. LEARNING OUTCOMES (General)

1. The learner will be able to identify and support persons with mental health disorders and developmental disabilities.
2. The learner will be able to discuss supports and available services for referrals.
3. The learner will be able to differentiate among common mental health disorders.
4. The learner will be able to explore the history of mental health treatment and advocacy for change.
E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
   None

F. LEARNER OUTCOMES ASSESSMENT
   As noted on course syllabus

G. SPECIAL INFORMATION
   None noted