EXSC 2651: Legal Concepts in Sport and Fitness

A. COURSE DESCRIPTION

Credits: 3
Lecture Hours/Week: 3
Lab Hours/Week: 0
OJT Hours/Week: *.*
Prerequisites: None
Corequisites: None
MnTC Goals: None

This course provides students with a basic introduction to legal concepts encountered by employer or employees within the sport and fitness industry. This course will discuss material pertaining to legal and moral dilemmas relating to various concepts in the field of exercise science. Topics include liability, legal rights, risk management, and others.

B. COURSE EFFECTIVE DATES: 05/06/2022 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Review the legal concerns of the fitness profession: scope of practice, liability, insurance, client confidentiality, HIPAA, and the importance of professional networking
2. Examine the basics of the United States legal system
3. Explore tort law and product liability
4. Review and apply the concept of risk management
5. Examine contract law and the affects it has on facility management or client relationships
6. Explore employment law and the rights and expectations of employees and employers
7. Review constitutional law, focusing on specific amendments pertaining to employee rights
8. Analyze gender equity and how it pertains to the work place
9. Explore intellectual property laws and how they could affect the exercise science profession
10. Review labor law and the role it has in the workforce for both employers and employees

D. LEARNING OUTCOMES (General)

1. Comprehend the basics of the United States legal system and workers’ rights/responsibilities.
2. Demonstrate knowledge of tort law.
3. Demonstrate knowledge of constitutional law pertaining to the workplace.
4. Demonstrate an understanding of contract law and liability.
5. Demonstrate an understanding of gender equity and affirmative action in the workplace.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus
G. SPECIAL INFORMATION

None noted