PHED 8450: Intercollegiate Volleyball

A. COURSE DESCRIPTION

   Credits: 0
   Lecture Hours/Week: 0
   Lab Hours/Week: 0
   OJT Hours/Week: *.*
   Prerequisites: None
   Corequisites: None
   MnTC Goals: None

   This course involves athletic participation in intercollegiate women’s volleyball. Students practice and
   compete in the Minnesota College Athletic Conference (MCAC) and the National Junior College Athletic
   Association (NJCAA). Students will learn about and develop their confidence, characteristics of high
   achievement, and physical skills in a competitive volleyball environment. Fundamentals, techniques,
   strategy, practice, and competition in intercollegiate women’s volleyball will be taught. Coach approval
   required.

B. COURSE EFFECTIVE DATES:  04/29/2022 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

   1. Comply with eligibility requirements
   2. Develop volleyball skills and techniques
   3. Identify and use volleyball equipment
   4. Understand and practice volleyball rules and strategy
   5. Demonstrate sportsmanship

D. LEARNING OUTCOMES (General)

   1. Demonstrate physical fitness in a volleyball setting.
   2. Demonstrate sportsmanship in a volleyball setting.
   3. Demonstrate volleyball skills.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

   None

F. LEARNER OUTCOMES ASSESSMENT

   As noted on course syllabus

G. SPECIAL INFORMATION

   None noted