

Inver Hills Community College

EDU 2008: Introduction to Infant/Child Mental Health

A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: 2

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Provides an introduction to mental health support and intervention for infants, children, and parents. Class sessions explore features of child mental health and mental health care, from prevalence to causes to effective treatments. Students will have opportunities to examine ways that children's overall development is affected by early relationships and social and emotional influences, including but not limited to attachment, temperament, and toxic stress. Includes a comprehensive review of parenting and community resources to provide knowledge of best practices for those interested in working with infants, young children, and their families.

B. COURSE EFFECTIVE DATES: 08/26/2013 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Early intervention's role in prevention or reduction of long-term impairment. 20%
2. Implications of mental health on children's social and interpersonal relationships. 10%
3. Mental health issues and trends as well as parenting and community resources. 20%
4. Overview of field of infant/child mental health and intervention with children and families 30%
5. Relationship between child mental health and overall health. 20%

D. LEARNING OUTCOMES (General)

1. Analyze intervention approaches with children and their parents.
2. Examine relationship between child mental health and overall health.
3. Summarize implications of mental illness for children's social and interpersonal relationships.
4. Discuss trends in the field of infant/child mental health.
5. Investigate how early intervention may prevent or reduce the likelihood of long-term impairment.
6. Research mental health issues and recent trends as well as parenting and community resources.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted