

Inver Hills Community College

NURS 2700: Health Promotion and the Role of the Professional

A. COURSE DESCRIPTION

Credits: 9

Lecture Hours/Week: 4

Lab Hours/Week: 4

OJT Hours/Week: 9

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces the student to the role of the professional nurse. The emphasis on health promotion across the lifespan includes learning about self-health, as well as holistic client health practices. Students learn to access and apply research evidence to guide safe preventative care. The student will incorporate communication and growth and development theory in a caring and culturally sensitive manner. The student will work as an ethical member of multi-disciplinary teams giving and receiving feedback about performance and use reflective thinking about their practice. Within the context of the nursing process, populations studied will include children, adults, older adults and the family experiencing a normal pregnancy. Prerequisites: Admission to the nursing program, concurrent enrollment in NURS2750 and BIOL2202 (unless successfully completed BIOL2202 previously).

B. COURSE EFFECTIVE DATES: 08/26/2013 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Professional development and identity for the foci of care of health promotion (25%)
2. Physiologic integrity for the foci of care of health promotion (25%)
3. Psychosocial integrity for the foci of care of health promotion (25%)
4. Lifespan growth and development considerations for the foci of care of health promotion (25%)

D. LEARNING OUTCOMES (General)

1. Apply theories and concepts of social and cultural factors to provide prevention-based nursing care.
2. Demonstrate an awareness of the role of the professional nurse within organizational systems.
3. Apply credible, evidence-based sources of information to guide safe, preventative care.
4. Describe how health promotion initiatives are organized and financed.
5. Utilize effective inter-professional communication techniques within a multidisciplinary healthcare team.
6. Conduct a health history and wellness assessment to identify risks and/or determinants of health.
7. Describe behavioral change techniques to promote health and manage illness.
8. Reflect on personal and professional actions based on a set of shared core nursing values.
9. Provide safe, holistic client-centered nursing care in promoting health across the lifespan.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted