

# Inver Hills Community College

## **NURS 1001: Nursing Assistant**

### **A. COURSE DESCRIPTION**

Credits: 5

Lecture Hours/Week: 4

Lab Hours/Week: 2

OJT Hours/Week: \*.\*

Prerequisites:

READ 0090 - Introduction to College Reading and Writing (Minimum grade: 1.67 GPA equivalent)

Corequisites: None

MnTC Goals: None

Introduces concepts of basic human needs, health/illness continuum, and basic nursing skills in long-term care and/or home care environments. Skills are taught in a simulated laboratory setting utilizing demonstration and role-playing. Upon successful completion of classroom studies, the student will participate in 24 hours of supervised clinical experience in a long-term care facility. This course meets the objectives of the Federal OBRA and Minnesota Department of Health requirements as detailed for educating the nursing assistant. Students should be fluent English speakers. Course includes a malpractice insurance fee. Note: To complete the requirements of the course students will need to receive a criminal background clearance. Please refer to the Criminal Background section of the catalog for more information on the criminal background study. Prereq: Completion of READ 0090 or placement into READ 0093 or higher; HCM 1111 Medical Terminology recommended.

**B. COURSE EFFECTIVE DATES:** 08/24/2009 - Present

### **C. OUTLINE OF MAJOR CONTENT AREAS**

1. Activity and Exercise: 5%
2. Basic Human Needs: 5%
3. Safe and Clean Environment: 5%
4. Special Procedures: 5%
5. Vital Signs- Height/Weight: 15%
6. Personal Care: 15%
7. Orientation to Work Environment: 5%
8. Mental Health and Social Service Needs: 15%
9. Introduction: 5%
10. Foods and Fluids: 5%
11. Elimination: 5%
12. Communication: 15%

#### **D. LEARNING OUTCOMES (General)**

1. Perform oral hygiene skills
2. Make an occupied bed
3. Describe rehabilitation principles
4. Describe immobility effects
5. Describe body alignment
6. Describe correct safety devices/restraint usage
7. Ambulance resident; transfer resident; position resident; move resident in bed
8. Perform AROM assistance
9. Describe proper nutrition and the resident's diet
10. Perform bathing, skin care, perineal care, and foot care skills
11. Perform personal grooming assistance skills
12. Describe prosthesis care
13. Describe basic human needs (physical and psychological)
14. Describe death and dying
15. Describe effective communication skills
16. Describe resident's personal care
17. Describe the Resident Bill of Rights and the Vulnerable Adult Law
18. Describe the body mechanics principle
19. Describe the ethics and etiquette of the nursing assistant
20. Describe the importance of nursing staff communication
21. Describe the medical asepsis principles and Standard Precautions
22. Describe the resident safety principles
23. Describe the role and responsibility of the nursing assistant
24. Differentiate verbal and nonverbal communication
25. Identify grief and loss coping mechanisms
26. Identify the aging process and developmental tasks
27. Identify the normal aging process and individual care needs
28. Identify the nursing assistant record keeping responsibilities
29. List personal qualification of the nursing assistant
30. Perform gowning, gloving, and bagging of linen skills
31. Perform the hand-washing skill
32. Perform the unoccupied bed and unit care skills

#### **E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

#### **F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

#### **G. SPECIAL INFORMATION**

None noted