

Inver Hills Community College

COMM 1100: Interpersonal Communication

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: Goal 01 - Communication, Goal 07 - Human Diversity

Is a course that helps students recognize that we live and work in relationship with others and must communicate effectively with them to achieve our goals. This class helps students acquire the skills to effectively communicate with family members, intimate others, co-workers, friends, and acquaintances. After reviewing relevant interpersonal theory, students will examine and identify their own communication attitudes and behaviors. Students will also learn and apply techniques for improving communication in their relationships through active practice. Students will participate in multiple activities, both in and outside the classroom setting, to build their interpersonal communication skills. This course is open to all students and meets the Minnesota Professional Educator Licensing and Standards Board (PELSB) 8710.2000, Subp. 7, Standard 6C, D, F, & G.

B. COURSE EFFECTIVE DATES: 08/25/2005 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Communication Theory 5%
2. Perception 10%
3. Gender & Cultural Diversity 5%
4. Self-Concept 10%
5. Listening 10%
6. Verbal Communication 10%
7. Non-verbal Communication 10%
8. Emotions 5%
9. Self-Disclosure 5%
10. Climate 5%
11. Relational Theory 15%
12. Conflict 10%

D. LEARNING OUTCOMES (General)

1. Demonstrate understanding of basic interpersonal communication theory.
2. Analyze and evaluate their own communication habits and behaviors in interpersonal situations.
3. Synthesize information from readings, lecture and course activities.
4. Recognize and evaluate their own assumptions and biases regarding the communication behavior of others and themselves.
5. Demonstrate appropriate communication behaviors in classroom activities and interactions.
6. Participate actively in dyads and in small and large group activities and exercises.
7. Demonstrate effective public presentation skills

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

Goal 01 - Communication

1. Participate effectively in groups with emphasis on listening, critical and reflective thinking, and responding.
2. Locate, evaluate, and synthesize in a responsible manner material from diverse sources and points of view.
3. Select appropriate communication choices for specific audiences.
4. Construct logical and coherent arguments.

Goal 07 - Human Diversity

1. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
2. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
3. Demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted