

Inver Hills Community College

PHED 2201: Outdoor Activity Sampler

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces several outdoor activities, which may include any or all of the following: canoeing, kayaking, orienteering, rock climbing, adventure ropes course, hiking, camping, nature's edibles, or outdoor cooking. This course will take place over one weekend plus one on-campus class period. Special fee required. Pass/Fail grading option only.

B. COURSE EFFECTIVE DATES: 08/25/2003 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Environmental ethics: 10%
2. Equipment needs and care: 20%
3. Safety concerns: 20%
4. Skill development: 50%

D. LEARNING OUTCOMES (General)

1. Describe safety aspects related to the activities taught
2. Describe equipment needs and care in the various activities
3. Demonstrate basic skills in the activities
4. Discuss environmental ethics related to outdoor recreation

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted