

Inver Hills Community College

PHED 1129: Racquet Sports

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces the basic skills, rules and strategies in badminton tennis, table tennis and Pickle Ball. Students should supply their own tennis racquet. Racquets and paddles for the other sports will be provided. This course may be taken up to three times for a maximum of three credits.

B. COURSE EFFECTIVE DATES: 01/01/1998 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Rules, etiquette, terminology: 25%
2. Strategies: 25%
3. Stroke techniques: 50%

D. LEARNING OUTCOMES (General)

1. Discuss strategies to use in game situations
2. Apply the rules of the sport during game play
3. Discuss similarities and differences between the racquet sports
4. Describe and demonstrate the basic strokes for the sports presented

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted