

Inver Hills Community College

PHED 1106: Bowling

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces the basic rules, courtesies, and scoring of bowling. Correct bowling technique and aiming strategies will be presented. Students will experience league play and special tournament formats. This course may be taken for up to a maximum of three credits.

B. COURSE EFFECTIVE DATES: 01/01/1998 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Aiming for strikes and spares: 20%
2. Bowling techniques: 40%
3. Etiquette, rules, terminology: 10%
4. League and tournament formats: 10%
5. Scoring, averages, handicaps: 20%

D. LEARNING OUTCOMES (General)

1. Describe and demonstrate basic proficiency in bowling technique
2. Discuss and demonstrate correct aiming strategies for strikes and spares
3. Explain bowling league competition and use of averages and handicaps in competition
4. Correctly score a bowling game, series, average and handicap
5. Identify and define bowling terms

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted