

Inver Hills Community College

HSER 1117: Mental Disorders Through the Life Span

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Introduces an overview of the range of mental disorders throughout the lifespan. Disorders covered include mood disorders, anxiety disorders, psychotic disorders, substance disorders, personality disorders, and disorders in children and the elderly. Students will learn to identify signs and symptoms of each disorder. They also will learn basic skills and therapeutic treatments that effectively help individuals who have mental disorders.

B. COURSE EFFECTIVE DATES: 01/01/1998 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Anxiety disorders: 10%
2. Childhood disorders: 10%
3. Disorders in the elderly: 10%
4. Intervention/treatment: 20%
5. Mood disorders: 10%
6. Other disorders: 10%
7. Personality disorder: 10%
8. Psychotic disorders: 10%
9. Substance disorders: 10%

D. LEARNING OUTCOMES (General)

1. Identify the major types of disorders listed in the Diagnostic Statistical Manual (DSM-IV)
2. Identify signs and symptoms of the more common mental disorders they are likely to encounter in human service settings
3. Recognize myths and biases regarding mental illness and how these affect their interactions with individuals with mental illness
4. Demonstrate knowledge in areas of appropriate treatment and effective responses with individuals with mental illness in human service settings

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted