

# North Hennepin Community College

## HSER 1700: Family Functions and Interactions

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

The course offers an introduction to family systems theory, normal and problematic family systems and family functioning concepts. The impact and effects of family on individual development is also explored. Students will examine family violence including the impact of chemical dependency, social and the psychological roots of violence.

**B. COURSE EFFECTIVE DATES:** 06/01/2015 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Chemical dependency: Effects on the family
2. Coping strategies
3. Effects of family on individual development
4. Ethnicity and family therapy, ethnic paradigms
5. Family adaptation
6. Family rules and boundaries
7. Family violence: Effects on the family
8. Health and dysfunction
9. History of family development theories
10. Introduction to family systems theory

### D. LEARNING OUTCOMES (General)

1. Investigate family systems theory (ELO2).
2. Identify the impact of chemical dependency on the family system and its members (ELO1, ELO4).
3. Discover an awareness of their own family system and how this influences their role as a human service worker (ELO3).
4. Recognize the conditions for maintaining emotional health in individual family members and in the family system (ELO2, ELO4).
5. Discover the dynamics of family violence (ELO1, ELO2, ELO3).

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

## **G. SPECIAL INFORMATION**

1. Knowledge of Human Cultures and the Physical and Natural World-Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills-Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement-Including: Civic knowledge and involvement; campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning-Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.