

# North Hennepin Community College

## HLTH 2060: Concepts of Addiction

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course discusses chemical use, misuse, abuse, and dependence. The focus of this class is the role of biopsychosocial factors in the development and progression of addiction. The content of this class will also include information regarding intervention, assessment, and treatment.

**B. COURSE EFFECTIVE DATES:** 05/26/2015 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Related definitions
2. Biopsychosocial factors of addiction
3. Theories of addiction
4. Addiction research
5. Basic assessment
6. Intervention
7. Treatment theories
8. Behavior change theories
9. Long term management and/or progression of the disease

### D. LEARNING OUTCOMES (General)

1. Recognize and appraise the theories of addiction. (NHCC ELO<sub>i</sub>s 1, 2, 4; dept. goals 3a, 3b)
2. Examine the role of biological, cognitive, and environmental issues that addicts consistently possess and how these issues contribute to the disease of addiction. (NHCC ELO<sub>i</sub>s 2, 3, 4; dept. goals 1, 2b, 2d, 3a, 3c, 4c)
3. Compare and contrast behavioral change theories and intervention and assessment techniques, and assess their implication on addiction. (NHCC ELO<sub>i</sub>s 2, 4; dept. goals 3b, 4c, 4e)
4. Analyze the role of the addict, the family, and other support people, in influencing addiction and the long term management of the disease. (NHCC ELO<sub>i</sub>s 2, 3, 4; dept. goals 1, 2b, 3a, 3d, 4c, 4e)

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

## **G. SPECIAL INFORMATION**

1. Knowledge of Human Cultures and the Physical and Natural World - Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills - Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement - Including: Civic knowledge and involvement - campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning - Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.