

# North Hennepin Community College

## HLTH 2020: Introduction to Health

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course will introduce students to various public and community health services, the history of community and public health and the role and functions of health programs and their relationships between holistic health aspects. This course will explore the knowledge, skills and competencies of health educators in various community settings, occupations and careers.

**B. COURSE EFFECTIVE DATES:** 08/21/2017 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Community and Public Health: Yesterday, Today and Tomorrow
  - ¿ Organizations that help shape community and public health
  - ¿ What is public and community health
  - ¿ Epidemiology and health
  - ¿ Biomedical basis of health
  - ¿ Health promotion programs
  - ¿ Holistic aspects of health: Social, Physical, Mental, Spiritual, Behavioral and Environmental.

### D. LEARNING OUTCOMES (General)

1. Identify eras in the historical development of public and community health. (NHCC ELOs 1, 3, &4)
2. Illustrate the interdisciplinary nature of public health including contributions of a range of disciplines and professions to improving health. (NHCC ELOs 1, 2, 3, 4)
3. Explore the basic principles of epidemiology, including rates, risk factors, disease determinants, causation and public health surveillance. (NHCC ELOs 1, 2, 3)
4. Explain how public and community health can use social and behavioral interventions to improve the health of populations. (NHCC ELOs 1, 2, 3, 4)
5. Critically articulate the impact of the environment and communicable diseases on the health of populations. (NHCC ELOs 1, 2, 3)
6. Explain the burden of chronic diseases on morbidity and mortality including approaches to prevention and early detection. (NHCC ELOs 1, 2, 3, 4)
7. Identify the roles of public and community health in disaster prevention and management. (NHCC ELOs 1, 2, 3, 4)
8. Evaluate public and community health services. (NHCC ELOs 1, 2, 3, 4)

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

## **G. SPECIAL INFORMATION**

1. Knowledge of Human Cultures and the Physical and Natural World-Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills-Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement-Including: Civic knowledge and involvement; campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.
4. Integrative and Applied Learning-Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.