

# North Hennepin Community College

## HSER 1400: Basic Counseling Skills

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: \*.\*

Lab Hours/Week: \*.\*

OJT Hours/Week: \*.\*

Prerequisites:

This course requires both of these prerequisites

HSER 1200 - Multicultural Awareness in Human Services

HSER 1100 - Introduction to Human Services

Corequisites: None

MnTC Goals: None

Introduces basic counseling and interviewing skills. Students will learn and apply skills that range from basic attending and listening skills to chart documentation and treatment planning.

Prerequisites: HSER 1100 and HSER 1200

**B. COURSE EFFECTIVE DATES:** 06/01/2015 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Attending
2. Confrontation
3. Documentation
4. Encouraging, paraphrasing, and summarizing
5. Influencing skills
6. Intentionality
7. Observation skills
8. Reflection of feelings
9. Structuring and interview
10. Use of questions

### D. LEARNING OUTCOMES (General)

None

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

## **G. SPECIAL INFORMATION**

Knowledge of Human Cultures and the Physical and Natural World; Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.

Intellectual and Practical Skills; Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.

Personal and Social Responsibility and Engagement; Including: Civic knowledge and involvement; campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.

Integrative and Applied Learning; Including: Synthesis and advanced accomplishment across general education, liberal studies, specialized studies and activities in the broader campus community.