

North Hennepin Community College

EXSC 1310: Disc Golf

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Disc Golf is designed for both the beginning player and those that are more advanced. The course will cover the concepts of game play, the history of the game, rules of the game, ethics, basic strategies, as well as course locations and components.

B. COURSE EFFECTIVE DATES: 08/01/2015 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Course content may include terminology, history of game, rules of play, etiquette, disc differences/engineering, skill development, driving, mid-range shots (up and down hill approaches), putting (long and short), up hill shots, down hill shots, and purchasing discs.

D. LEARNING OUTCOMES (General)

1. Students will gain an understanding of the sport of disc golf. (NHCC Core Ability Critical Thinking, comp. a, PE Goal 1,7; NHCC ELO 1)
2. Students will be introduced to the rules, game play, disc engineering, and scoring procedures of disc golf. (NHCC Core Ability Critical Thinking, comp. a; PE Goal 1; NHCC ELOs 1, 2, 3)
3. Students will gain an understanding of disc golf etiquette. (NHCC Core Ability Critical Thinking, comps. a,b; NHCC ELOs 1, 2, 3)
4. Students will acquire the skills needed to throw the three basic shots in forehand and backhand: distance drive, mid-range, and putt shots, and the difference between them. Advanced shots will also be covered for those that are ready. (NHCC Core Ability Critical Thinking, comps. a,b, c; PE Goal 1,7; NHCC ELOs 1, 2, 3)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.