

# North Hennepin Community College

## EXSC 1710: Wilderness Camping

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 0

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to prepare students for an extended outdoor trip. Special attention will be paid to assessing environmental and route conditions, proper gear systems, food/ration planning, water purification, exercising in varying climates, Leave No Trace ethics, and leadership skills. The course culminates with a camping trip in the wilderness.

**B. COURSE EFFECTIVE DATES:** 08/01/2015 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Wilderness First Aid training, with emphasis on reactions to altitude and extreme temperatures.  
Water purification and pathogens carried by insects and animals.  
Wilderness camping techniques.  
Leave No Trace camping is taught and emphasized.

### D. LEARNING OUTCOMES (General)

1. Course outcomes depend on the individual students participation in class and its activities. Students who consistently work for improvement should:  
Develop competence, if not comfort, in planning and executing a wilderness camping experience. (MnTC G2, comp. a; MnTC G1, comp. g; NHCC ELOs 1, 3)  
Demonstrate competence of first aid knowledge. (Dept. Goal 4; NHCC ELOs 1, 3)  
Demonstrate competence in Leave No Trace/Low Impact Camping. (MnTC G2, comp. a; NHCC ELOs 1, 2, 3)  
Describe how outdoor recreation activities can enhance one;s overall health and wellness. (Dept. Goal 1; NHCC ELO 3)

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

## **G. SPECIAL INFORMATION**

1. Knowledge of Human Cultures and the Physical and Natural World--Through study in the sciences, mathematics, social sciences, humanities, histories, languages, the arts, technology and professions.
2. Intellectual and Practical Skills--Including: Inquiry and analysis; Critical and creative thinking; Written and oral communication; Quantitative literacy; Information literacy; Teamwork and problem solving.
3. Personal and Social Responsibility and Engagement--Including: Civic knowledge and involvement--campus, local and global; Intercultural knowledge and competence; Ethical reasoning and action; Foundations and skills for lifelong learning.